

The Joyful Mysteries

I BELIEVE IN GOD, the Father almighty, Creator of Heaven and earth. And in Jesus Christ, His only Son, our Lord, Who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate; was crucified, died, and was buried. He descended into Hell. The third day He rose again from the dead. He ascended into Heaven, and sits at the right hand of God, the Father almighty. He shall come again to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

OUR FATHER, Who art in Heaven, hallowed be Thy Name. Thy kingdom come, Thy will be done on earth as it is in Heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. Amen.

HAIL MARY, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

GLORY BE to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning is now, and ever shall be, world without end. Amen.

O MY JESUS, forgive us our sins, save us from the fires of Hell; lead all souls to Heaven, especially those in most need of Thy mercy. Amen.

1. The Annunciation

Reflections: In the quiet of a garden, God proposes (through an angel) and a woman accepts. Mary is accepting to walk into a mystery. She does not know what lies ahead on this new path, but she knows who is asking and she trusts in him. There are many annunciation moments in our life, and sometimes we hesitate to say yes because we cannot foresee the future or control what will happen. In this mystery, ask Mary to give you a deep trust in the one who invites you to follow. Ask her to help you trust that even if the path ahead is full of crosses, God will be walking with you. If you hold his hand in the darkness, he will give you strength, peace, and an intimate joy that nothing can take away

Zwiastowanie.

Medytacje: „Duch Święty zstąpi na Ciebie i moc Najwyższego osłoni Cię” (J 1, 35).

„Bóg odwiecznie wybrał na Matkę swego Syna Dziewicę poślubioną mężowi imieniem Józef, z rodu Dawida, a Dziewicy było na imię Maryja”.

Módlmy się, abyśmy w każdej sytuacji ufali Bogu i jak św. Józef chronili rodzinę przed wszelkim złem.

Our Father
10 Hail Mary's
Glory be ...

2. The Visitation

Reflections: One of the wonders of God's plan is that he chooses to associate souls, one to another, so that they help each other on their journey. As cousins, Mary and Elizabeth share a bond of kinship. But they also share a spiritual kinship because of how the Holy Spirit is acting in their lives, fashioning the Messiah and his prophet deep inside their wombs. During those months, Mary and Elizabeth don't just sit around waiting. They are working, preparing for Elizabeth's baby, quietly conversing, and praying. Together, they are like a little monastic community. In our lives too, God

gives us spiritual friendships and soul-mates who help us grow closer to him. Sometimes he links our lives together for a larger purpose that will reveal itself with time. In this mystery, ask Mary to help you and your spiritual friends listen carefully for God's voice in your lives, so that you can walk with him and with each other.

Nawiedzenie.

Medytacje: „Błogosławiona jesteś między niewiastami i błogosławiony jest owoc Twojego łona” (J1, 42).

„Rodzina powinna żyć w taki sposób, by jej członkowie otaczali troską i pomocą młodych i starych, osoby chore lub upośledzone oraz ubogich”. Módlmy się, abyśmy potrafili służyć pomocą wszystkim członkom naszej rodziny i ofiarnie miłować bliźnich.

Our Father
10 Hail Mary's
Glory be ...

3. The Birth of our Lord, Jesus Christ

Reflections: All of Bethlehem was dark and quiet when the Savior made his entrance into the world, and his first home was in the protective circle of Mary's arms. Imagine how Mary's heart shone with a love spanning the tender, protective love of a mother holding her baby in her arms and the profound adoration of a soul adoring her Creator and Lord in the flesh. This was a day of fulfillment and joy—one of many along a path also rich in crosses. Nine months ago, she had given that first “yes” in the garden. Now it had become a life, a beautiful baby. It was so clear now that everything—even the future crosses that would be her “birth pains”—were worth it. In our lives too, there are times when God asks us to make a choice that we do not fully understand, and the blessing reveals itself only later in time. Once the blessing comes, we understand that the only way to understand God's plan was to live it. In this mystery, ask Mary for the grace to believe in the blessings that were promised in your own life, even if they seem slow in coming. The most exquisite flowers sometimes take the longest to develop.

Narodzenie Pana Jezusa

Medytacje: W „Kiedy tam przebywali, nadszedł dla Maryi czas rozwiązania. Porodziła swego pierworodnego Syna, owinęła Go w pieluszki i położyła w żłobie” (Łk 2, 6-7).

„Dziecko obdarowuje sobą rodzinę. Jest darem dla rodzeństwa i dla rodziców. Dar życia staje się równocześnie darem dla samych dawców”
Módlmy się, aby każde poczęte życie było chronione i przyjęte z miłością.

Our Father

10 Hail Mary's

Glory be ...

4. The Presentation of Jesus in the Temple

Reflections: There had never been a presentation like the one that took place in the Temple that day, and there never would be again. Mary and Joseph were presenting the Only Begotten Son to the Eternal Father, in a temple that was merely the shadow and copy of the real temple in heaven. They were also acknowledging that this child was not their own, and that his first bond of kinship was to his Heavenly Father. Mary was not one to cling to her child with overprotective love, as some mothers do. Yet even she, the selfless and obedient one, was promised that a sword of sorrow would pierce her heart on the day of separation. Why does God give us such beautiful gifts and then ask us to give them up? Why does he allow a loving heart to be pierced with loss? These questions must be brought to Mary, who suffered this sword in a terrible way, more than any mother, any father. Through this mystery, she can help your heart accept what your mind cannot understand.

Ofiarowanie w Świątyni

Medytacje: „Gdy potem upłynęły dni ich oczyszczenia według Prawa Mojżeszowego, przynieśli je do Jerozolimy, aby je przedstawić Panu” (Łk 2, 22).

„Ofiarowanie Jezusa w świątyni pokazuje Go jako pierworodnego, należącego do Pana”.

Módlmy się, aby w naszych rodzinach wzorem Świętej Rodziny była pielęgnowana wiara ojców i przywiązanie do tradycji.

Our Father
10 Hail Mary's
Glory be ...

5. The Finding of Jesus After Three Days in the Temple

Reflections: All of the joyful mysteries are somehow tinged with sorrow, but they are also touched with light and glory. In the precocious wisdom of a 12-year-old boy, Jesus gives his parents and the teachers a glimpse of his true stature. He knows who he is and what he came for, even as a boy. But he did not begin by teaching, just as he did not begin by commanding. He began in the humble position of one who listens and asks questions. He also began in the humility of a boy who obeys his parents. Why does Jesus listen and ask questions when he already knows all of the answers with perfect certainty? And why did he obey his mother and father when he himself had called them into existence? Perhaps Mary also reflected on these questions, wondering at the sweetness and respect with which God introduces himself into our lives, as a fellow pilgrim who lives our lives with us, whose questions make us reflect and grow, who listens to us with kindness and interest, and who perhaps has obeyed us—answering our prayers, forgiving our sins in confession, coming into our hearts in holy Communion—far more than we have obeyed him. In this mystery, ask Mary to help you see and touch this goodness of Jesus in your own life.

Odnalezienie Pana Jezusa w Świątyni.

Medytacje:

„Potem poszedł z nimi i wrócił do Nazaretu: i był im poddany” (Łk 2, 51).
„Rodzice pierwsi są odpowiedzialni za wychowanie swoich dzieci.
Wypełniają oni tę odpowiedzialność najpierw przez założenie ogniska rodzinnego, w którym panuje czułość, przebaczenie, szacunek, wierność i

bezinteresowna służba. Dom rodzinny jest właściwym miejscem kształtowania cnót. Wychowanie to wymaga nauczenia się wyrzeczenia,

zdrowego osądu, panowania nad sobą, które są podstawą wszelkiej prawdziwej wolności”.

Módlmy się, abyśmy potrafili kochać prawdziwą miłością każde dziecko.

Our Father
10 Hail Mary's
Glory be ...

Fatima Prayer: O My Jesus, forgive us our sins, save us from the fires of Hell and lead all souls to Heaven, especially those who are in most need of Thy mercy.

V. Pray for us, O Holy Mother of God.

R. That we may be made worthy of the promises of Christ.

Prayer at the end:

O, God, Whose only-begotten Son, by His life, death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech Thee, that, meditating upon these mysteries of the Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ Our Lord.

Amen.

“Angelus Domini” Prayer:

V. The angel of the Lord declared unto Mary,

R. And she conceived by the Holy Spirit.

Hail Mary...

V. Behold the handmaid of the Lord,

R. Be it done unto me according to Thy word.

Hail Mary...

V. And the Word was made flesh,

R. And dwelt among us.

Hail Mary...

V. Pray for us, O holy Mother of God,

R. That we may be made worthy of the promises of Christ.

Let us pray

Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we to whom the Incarnation of Christ, Thy Son, was made known by the message of an angel, may by His passion and cross be brought to the glory of His resurrection. Through the same Christ our Lord. Amen.

Eternal rest grant unto them O Lord

and let perpetual light shine upon them (three times)

May they rest in peace.

Amen.

May the souls of all the faithful departed, through the mercy of God, rest in peace.

Amen.

Sign of the Cross: In the Name of the Father, and of the Son, and of the Holy Spirit, Amen.